

Forum and Service Schedule for August 2018 at Timberland Unitarian Universalist Fellowship

Sunday, August 5, 2018

4 PM to 5 PM Forum: “The Five (Love) Languages of an Inspired Life”, presented by Anne McCrady. Anne will remind us of the wisdom of the best-selling writings of Gary Chapman, and lead us to explore how those ideas are more than great marital advice.

5:00 PM to 5:30 PM: Social time.

5:30 PM Service: “The Five (Love) Languages of Spiritual Communities”, presented by Anne McCrady. Anne will widen the scope of the original “Five Love Languages” to include religion and apply the principles to the spiritual lives of individuals and congregations as a whole.

Sunday, August 12, 2018

5:00 to 5:30 PM: Social time.

5:30 PM Service: “Humanism 101: Introduction to Free Thought”, presented by Rev. Michael Thompson.

Sunday, August 19, 2018

4 PM to 5 PM Forum: “Introduction to Mindfulness.” Layne Thompson will present several videos defining Mindfulness and ways to practice it.

5:00 to 5:30 PM: Social time.

5:30 PM Service: “More on Mindfulness.” Layne Thompson will present several additional videos on Mindfulness.

Sunday, August 26, 2018

5:00 to 5:30 PM Social time.

5:30 PM Service: “Is the world getting better or worse? A look at the numbers”, a TED Talk by Steven Pinker, with discussion after led by Glenn Donnahoe.

Was 2017 really the "worst year ever," as some would have us believe? In his analysis of recent data on homicide, war, poverty, pollution and more, psychologist Steven Pinker finds that we're doing better now in every one of these categories when compared with 30

years ago. But progress isn't inevitable, and it doesn't mean everything gets better for everyone all the time, Pinker says. Instead, progress is problem-solving, and we should look at things like climate change and nuclear war as problems to be solved, not apocalypses in waiting. "We will never have a perfect world, and it would be dangerous to seek one," he says. "But there's no limit to the betterments we can attain if we continue to apply knowledge to enhance human flourishing."

About the TED Speaker: Steven Pinker - Psychologist; Steven Pinker is a professor of cognitive science (the study of the human mind) who writes about language, mind and human nature.