



TIMBERLAND UNITARIAN UNIVERSALIST FELLOWSHIP
A WELCOMING FELLOWSHIP
1510 North Timberland Drive, Lufkin, TX 75905

Sunday services begin at 5:30PM

The Forum discussion group meets at 4:00 pm on the 1st and 3rd Sunday of each month

The Journaling group will meet the 4th Friday at 10:30am

Consulting UU Minister Rev. Michael Thompson will conduct service every 2nd Sunday, followed by Potluck Supper.

Follow us on Facebook or web site: www.tuuf.org

AUGUST 2016 NEWSLETTER

SUNDAY AUGUST 7, 2016

4 PM FORUM: “Ageless Grace” with NIA instructor Lorri Donnahoe.

“Ageless grace” is a brain and body fitness program based on neuroplasticity that activates all five functions of the brain. The exercises are performed seated with bare feet, but you can keep your socks or your shoes on if you want - whatever is the most comfortable for you. Be prepared to have fun and exercise your brain and body.

5 PM Greeting & Refreshments

5:30 PM “The House We Live in—Dwelling in Gratitude.” by Anne McCrady

Author, poet and founder of InSpirity from Tyler, Tx

My thoughts include using conversations to express optimism, acceptance, gratitude and hope (rather than complaint); recognizing that griping is an obstacle to gratitude; being intentional about our thoughts, words, facial expressions, reactions and actions; knowing science suggests our hearts hear our voices and our minds are affected; controlling the power of words to heal or hurt; remembering how as children - before we had “built the houses” we live in now - we lived in joy; how our congregations and our communities are also “houses we live in” built by griping or gratitude; seeking to live grateful lives.

SUNDAY AUGUST 14, 2016

5 PM Greeting & Refreshments

5:30PM SERVICE: “CAN I BE A CHRISTIAN AND A UU TOO?” by Rev. Michael Thompson. The roots of Unitarian Universalism lie in Protestant Christianity. But today Christians are a minority in our denomination. Are they still welcome among us? If so, what can we learn from them?

Followed by Potluck dinner

SUNDAY AUGUST 21, 2016

4 PM FORUM: “Ethics as Unenforceable Obligations - The importance of Being Good for Nothing”. Read pg. 62-65. Come up with your own set of ethical Ten Commandments to read to the group. Completing worksheet 4 is optional. Lead by Monica Ross

5 PM Greeting & Refreshments

5:30 PM - SERVICE: “LGBTQ CONDEMNATION-FREE CELEBRATION SUNDAY

Taking a look at what the Bible does and doesn’t say/ mean about committed same gender partnerships.

Q: Is any portion of Levitical Law, legal or moral codes, still valid in Christianity or Judaism today?

Q: Did God or Jesus ever make a personal reference concerning homosocial people or relations?

A: No and No!

Q: What does Paul mean when he references ‘unnatural’ affections?

A: Worshipping sex for sex sake.

Whether you are born with opposite or same gender orientation, that is your ‘natural’ created state.

FRIDAY AUGUST 26. JOURNALING at 10:30am . “Color Word Associations.”

Lead by Angelyn Bassinger

SUNDAY AUGUST 28, 2016

5PM - Greeting & Refreshments

5:30PM SERVICE: “RESILIENT NACOGDOCHES”

Resilient Nacogdoches is a collaboration of independent voices working in unique ways toward resilience. The views expressed here may not reflect the views of every member of Resilient Nacogdoches. Lead by Vicki Lunell

Volunteer opportunities include: (You may volunteer any day M-F).

CISC Food Bank on MONDAY THROUGH FRIDAY 8:45am- noon. (except 3rd Wed of the month)

HOST Mentoring Program at Brandon Elementary. Contact Sheila Skelton at 936-633-7629 in the fall

**Food for Thought: “WHAT WE SPEAK BECOMES THE HOUSE WE LIVE IN”
by ancient mystic Hafiz**

Timberland Unitarian Universalist Fellowship

Officers

President: Glenn Donnahoe
Vice President/Programs: Susan Mendola
Treasurer: Gloria Barnett
Secretary: Monica Ross
Past President: Lois Clemens

Fellowship Responsibilities

Web Site & Ground Maintenance: Glenn Donnahoe
Sunday Bulletins & Custodial: Gloria Barnett
Bld. Maintenance Coordinator: Orval Love
Music: RW Fisher
Forum Fellowship Chair: Mildred Love
Refreshments Chair person Mildred Love
Facebook: Layne Thompson
Program: Richard Mendola
Newsletter: Susan Mendola